GaitWay: Gait Data-Based VR Locomotion Prediction System Robust to Visual Distraction

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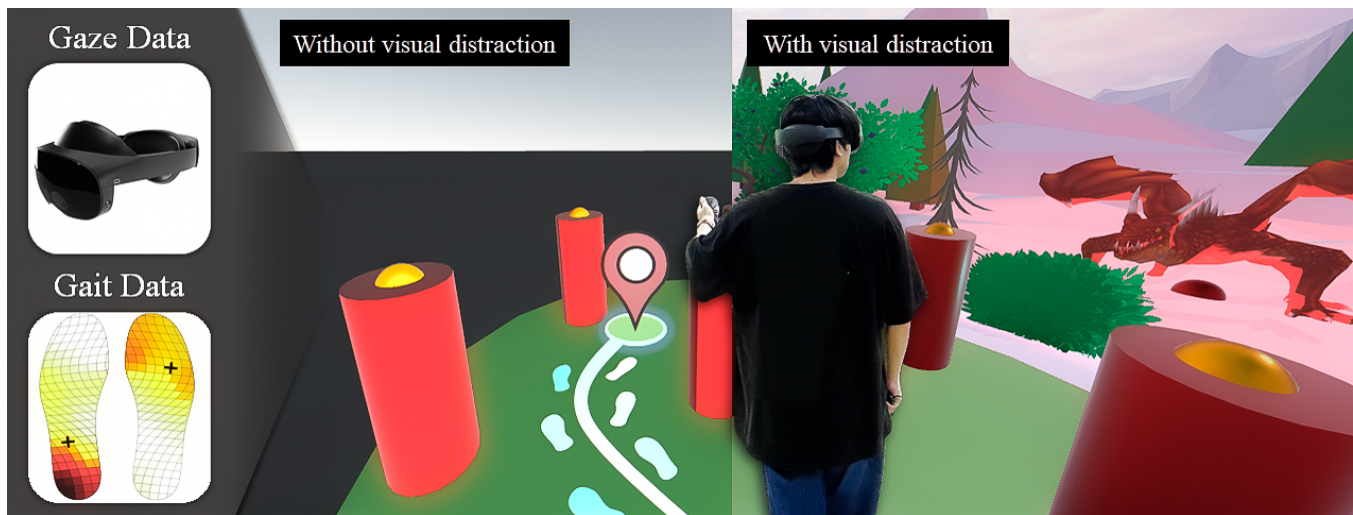Gwangju, Republic of Korea
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Figure 1: Walking in monotonous experimental environment (left), and actual VR environment with visual distractions (right) while recording gaze and gait data.

ABSTRACT

In VR environments, user's sense of presence is enhanced through natural locomotion. Redirected Walking (RDW) technology can provide a wider walking area by manipulating the trajectory of the user. Considering that the user's future position enables a broader application of RDW, research has utilized gaze data combined with past positions to reduce prediction errors. However, in VR content that are replete with creatures and decorations, gaze dispersion may deteriorate the data quality. Thus, we propose an alternative system that utilizes gait data, GaitWay, which correlates directly to user locomotion. This study involved 11 participants navigating a visually distracting three-tiered VR environment while performing designated tasks. We employed a long short-term memory network for GaitWay to forecast positions two seconds ahead and evaluated the prediction accuracy. The findings demonstrated that incorporating gaze data significantly increased errors in highly-distracted settings, whereas GaitWay consistently reduced errors, regardless of the environmental complexity.

CCS CONCEPTS

• **Human-centered computing → Virtual reality**.

KEYWORDS

Virtual Reality, Locomotion, Artificial Intelligence, Prediction, Redirected Walking

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1 INTRODUCTION

Natural walking in virtual spaces significantly enhances the sense of presence and promotes authentic interactions within virtual reality (VR) environments [41, 48], thereby establishing natural walking as a fundamental aspect of VR space design [28, 48]. Nevertheless, walking potentially results in physical confrontations with obstacles, posing safety risks that necessitate mitigation. Redirected walking (RDW) technology has been developed to address these concerns, enhancing user safety and optimizing physical space utilization. RDW dynamically alters the VR environment in response to user movement, thereby facilitating exploration of more extensive VR areas [36]. However, heightened manipulation may induce simulation sickness [1, 9]. To counteract this, RDW incorporates a detection threshold (DT) that defines the permissible extent of virtual environment modification [13]. Consequently, the capacity of RDW to enlarge VR spaces is inherently limited. Within the confines of the DT, the RDW controller aims to guide users to strategic locations, maximizing VR space utilization while concurrently minimizing simulation sickness.

There are three types of RDW controllers: generalized, scripted, and predictive [35]. Predictive controllers have been extensively researched because they can handle general environments by predicting user positions [14, 18, 34, 38, 52, 53, 55]. Path prediction often involves analyzing the habitual behaviors of the users [18] by employing past directional and speed data to anticipate near-future locations [34, 55]. Gaze data incorporation has advanced research on dynamic user positioning [38, 52] and in static environments [14, 53]. Nonetheless, VR environments, often adorned with elaborate backgrounds and numerous objects, can distract users visually, impacting gaze-data reliability. Therefore, our study introduces new sensing mechanism: pressure sensors for predicting locomotion. Gait data relates directly to a person's actual movement, expecting to provide a more robust prediction than gaze data, which is indirect. Gait data predict walking phases by characterizing repetitive walking movements and phases [10, 22]. Moreover, gait data can indicate user action states, such as navigating on ramps or stairs [40], and assist in distances estimation [47]. These findings suggest that gait data could be instrumental in predicting user locomotions in VR.

To assess the degree of visual distraction, we classified VR environments into three distinct categories: low, mid, and high visual distraction levels. The environments' visual distraction was evaluated based on the average eye movement speed, gaze dispersion surveys, and the proportion of objects observed by users. In predicting locomotion, data regarding user position, rotation, gaze, and gait were collected. The gait data comprised the center of pressure (CoP) and the anterior–posterior acceleration of each foot. For data collection, we adopted the research scenario of Stein, which included three gaze interaction scenarios: search, follow, and avoid [38]. This data was then utilized to predict positions two seconds later by employing a long short-term memory (LSTM) neural network architecture. Our research question is as follows: *Can GaitWay or gaze data reduce locomotion prediction errors in VR environments with visual distractions?*

2 BACKGROUND

2.1 Gaze During Walking and Visual Distraction

Previous studies have shown that eye movements are correlated with physical activities [26]. Typically, eye movements aligned with behavioral objectives are prioritized over other bodily movements [15, 25]. Therefore, eye movement can used to estimate action intention, but people do not always fix their gaze on future goals [8, 16, 33, 44, 45]. Eye movements during walking allow to discern both goals and obstacles in the path. For instance, pedestrians glance ahead to navigate safely but their gaze tends to shift toward their goal as they near it [12, 17]. Moreover, eye movements can assess the alternative targets and identify a specific target amid distractions [50, 52]. Consequently, eye movements can be easily affected by visual distractions like task requirements [46].

2.2 Gait Data Sensing

Gait data, such as CoP and foot acceleration, effectively represent current walking motion information [10, 22, 40]. In Chen et al.'s study, the utilization of plantar pressure sensors and inertial measurement units enabled the detection of foot pressure, facilitating the recognition of movement intentions in various activities [10]. Joo et al.'s research employed insole-type pressure sensors to gather plantar pressure, estimating the speed of the walking cycle and exploring the relationship between walking speed and pressure [22]. Truong's study leveraged gait pressure data to accumulate walking data over linear distances, employing phase information for precise walking distance estimation [47]. These studies collectively suggest that gait data, inclusive of walking pressure and foot acceleration, a comprehensive range of detailed information pertinent to walking. Moreover, since we always have to move our feet when walking regardless of task, gait data is directly related to human movement. Hence, we configured our GaitWay system to include posterior-anterior acceleration and total foot pressure in addition to foot CoP.

2.3 Redirected Walking and Locomotion Prediction

Natural walking in VR can offer a heightened sense of presence [41, 48] compared to other motion techniques like treadmills [27] or teleportation [5], but it also presents safety challenges due to physical obstacles [36]. Although RDW was developed to address user safety and walking space [36], it can induce motion sickness owing to mismatches between the virtual and real environments [1, 9]. Thus, RDW incorporates a DT [13], which restricts the extent of user direction changes, limiting the capability of RDW to avoid obstacles and curtailing the expandable space.

Efforts to enhance the spatial capabilities of RDW have focused on two main strategies: 1) DT expansion, and 2) enhancement of RDW controllers. Firstly, the expansion of DT has been pursued by using insights from the human vestibular system or gaze, which can categorized into stimulus-based methods [3, 19–21, 24, 29, 30, 32] and behavior-based methods [4, 30, 31, 42, 43]. Secondly, improving RDW controllers, particularly predictive controllers, can further improve the spatial expansion of RDW by optimizing the increased DT. There are three types of RDW controllers: generalized, scripted,

and predictive [35]. Generalized controllers direct users to specific points (steer-to-center, steer-to-waypoint) or orbits (steer-to-orbit) [35], whereas scripted controllers alter direction based on predefined criteria at certain locations [36]. However, these two methods encounter limitations in enhancing RDW performance due to their static algorithms and predetermined directional guidance [54, 55]. Consequently, there are studies tried to develop predictive controllers dealing with more diverse VR environments, which dynamically determine the appropriate direction and manipulation intensity. Zmuda and Nescher developed an algorithm that steers users towards directions with more expansive physical space in VR intersections, by calculating the future real-world locations of potential walking paths [34, 55]. Zank and Kunz demonstrated that models incorporating additional gaze data in T-shaped corridors, based on walking patterns, yielded fast and accurate predictions [2]. Recent studies even combined additional body data like gaze [7, 14, 17, 26], or applied deep-learning methods [11]. Stein et al.'s work further extended this concept by integrating gaze data into the LSTM model, demonstrating enhanced performance with this inclusion [38].

Our study aims to reduce locomotion prediction errors by suggesting GaitWay, which incorporates gait data into the deep learning framework.

3 METHOD

3.1 Apparatus

The experimental setup involved the Meta Quest Pro, featuring a 72 Hz refresh rate, 105° field of view, and 1080×1920 pixels display per eye. The VR environment was developed in Unity and wirelessly connected to a desktop with an RTX 2080 GPU. The participants were outfitted with a waist belt and had the nondominant-hand controller affixed to the belt to measure the body's yaw. Object interactions during tasks were executed using the dominant-hand controller. Eye tracking was conducted using the Quest Pro, achieving an average accuracy of 1.652° and an SD of 0.699° within a 15° field of view, on par with current VR headsets [37, 39, 49], at a 30 Hz tracking rate. Prior to the experiment, participants underwent an eye calibration process using the Quest Pro built-in procedure. During each trial, participants engaged in gaze fixation on five custom-designed fixation points [23] to calibrate potential slippage during walking. For tracking gait data, the Moticon OpenGo sensor was utilized, comprising 16 sensors with a sensitivity range of 0–50 N/cm^2 and a resolution of 0.25 N/cm^2. The tracking frequency for gait data was set at 50 Hz.

3.2 Experimental Settings

During the experiment, participants engaged in tasks within the Search Room, Corridor, and Obstacle Room. The overall experimental design was influenced by a previous study [11] in which three gaze interaction scenarios during locomotion (search, follow, avoid) were outlined. However, we introduced an element of randomness to this setup: we randomized the angle of cylinder arrangement in the Search Room and randomized route direction in the Obstacle Room. The VR space was sized at 5.5 m × 6.5 m, matching the dimensions of the experimental location. Participants initiated the

experiment by completing a 5-fixation point gaze task and responding to a distraction question: "How much does it seem like your visual attention is scattered?" on an 11-point Likert scale to measure perceived visual distractions. Upon completing a task in one room, they exited through a door, traversed the corridor to the opposite door, and entered the next room for the subsequent task. Corridors were situated on either side of the rooms. After each task, a door leading to either the right or left corridor was randomly generated, ensuring equal occurrences of each. The specific tasks in each room were as follows:

Search Room. Participants were tasked with identifying the correct option among seven elliptical columns, as depicted in Fig. 2 (a). The orientation of each column was randomized for every task, and the hexagonal arrangement, with a 1.6 m gap, was rotated between 0° to 60°. Participants confirmed their selection by bringing the controller close to the sphere atop the column. The correct choices triggered a sound, whereas incorrect selections elicited no feedback. The position of the correct column varied randomly in each trial.

Corridor. The corridor served as a transitional space between the Search Room and the Obstacle Room. After the task, participants navigated through a randomly generated left or right corridor, designed to emulate scenarios of following either wall direction.

Obstacle Room. Participants walked toward a target, avoiding obstacles en route. Upon reaching the target and aligning the controller with it, a red platform materialized randomly. The participant then moved to this platform, triggering a new path creation. An obstacle was placed centrally between the platform and the target, potentially offset by 30 cm to the right, left, or directly along the path. Participants completed this process three times. Afterwards, they engaged in a fixation task and answered the question.

The experimental tasks were conducted against backgrounds of varying visual distractions, categorized into three levels to express the VR content situation on the market: **low**, **mid**, and **high**. Each level was designed with distinct characteristics, while ensuring that all task-related objects remained consistent across the environments. Each of the three level was created considering the controlled environment like the most experiments, the environment with feasible background that users can encounter in VR games, and the environment with additional active creatures and changes that appear in battles or event situations. The created stages was adjusted to have significant differences in 'survey response' and 'proportion of watching distractor' (details on 3.3.1) through a pilot test by four lab members.

Low distraction. This environment was minimalistic, featuring only the essential objects for task completion. It lacked enclosing walls but included a monochrome gray-colored ground and white skybox.

Mid distraction. The surrounding space was crafted to emulate a snowy landscape, complete with snow-covered terrain, trees, and an ornate skybox. This was one of the free assets uploaded to the Unity Asset Store. Additionally, eight tall trees and five small bushes were placed continuously around the user's walking area, allowing users to gaze naturally at the trees in most situations.

High distraction. Dynamic elements were added to this setting. Participants encountered moving objects such as birds, dragon, two tornadoes, volcano, and fireworks. A total of five sitting birds were
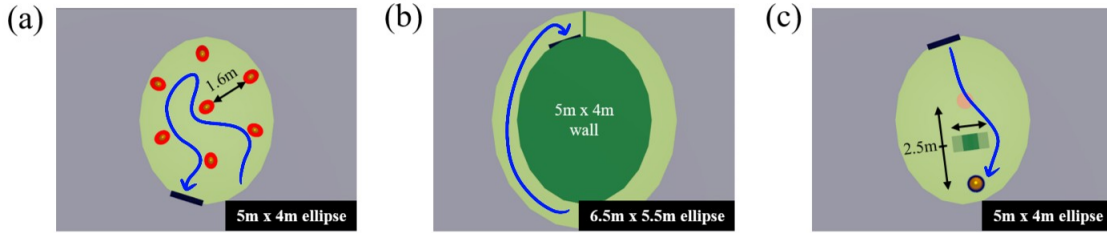
Figure 2: Three types of room: (a) search room, (b) corridor, and (c) obstacle room

Figure 3: Three distinct levels of distraction in the environment: (a) low, (b) mid, and (c) high distraction environments.

placed on a tree, floor, or stone with similar spacing around the floor. The remaining large distractors were placed in a total of five at approximately 70-degree intervals to divert attention from all directions.

This study received approval from the institutional review board. Eleven participants (9 males, 2 females; M = 24.7 years, SD = 2.3 years) were enrolled. Three of them had experience in a VR environment using an HMD and had a history of participating in VR experiments related to RDW. The experiment comprised two phases: training data collection and test data collection. In the training phase, participants undertook 10 trials in a low distraction environment. For the test phase, they completed 5 trials in each of the low, mid, and high distraction environments.

3.3 Data Configuration

Throughout the experiment, we collected two types of data: 1) data for assessing visual distraction and 2) data for locomotion prediction.

3.3.1 Data for checking visual distraction. This involved gathering users' gaze data and administering a survey to determine three key metrics for evaluating visual distraction: 1) users' survey responses, 2) mean eye movement speed, and 3) the proportion of time spent focusing on distractors. Eye movement speed can implies visual distraction [51], mean eye movement speed was quantified by calculating the average two-dimensional velocity of both eyes. The ratio of attention was determined by categorizing the objects viewed by participants into two groups: 'Task' and 'Distractor'. 'Task' includes all objects essential for task execution in each room (e.g., target, obstacle, ellipse floor, wall), whereas 'Distractor' includes all other elements (e.g., background, non-task-related objects).

3.3.2 Data for locomotion prediction. Data for locomotion prediction are compared across four conditions: ***control, gaze, cop***, and ***GaitWay***. This is to see whether our new proposal, GaitWay, is

Table 1: Four types of data configuration for input features. AP indicates Anterior–Posterior (forward–backward) direction, and ML indicates Medio–Lateral (left–right) direction.

Data	HMD		Body	Gaze	Left and Right Foot			No. of Features
	2D Velocity	Yaw/Pitch	Yaw	Yaw/Pitch	ML/AP CoP	AP Acc.	Total Pressure	
Control	O	O	O					5
Gaze	O	O	O	O				7
Cop	O	O	O		O			9
GaitWay	O	O	O		O	O	O	13

superior to other types of data configuration. Each condition are described in Table 1. As the foot-related features were not influenced by the experimental environment, they were standardized separately. Details on additional processing for the remaining features can be found in Appendix A. The input sequence for the predictive model was established at 75 samples, corresponding to a 3 s timeframe, enabling the model to predict the position 2 s into the future based on the preceding 3 s of data.
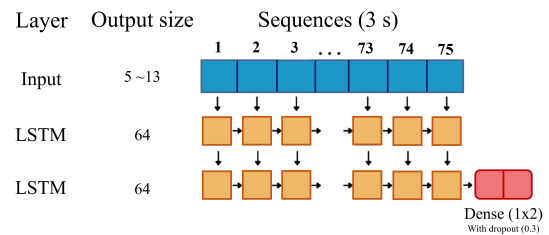
3.4 Prediction Model Specification

Figure 4: LSTM network structure used in locomotion prediction.

In Niklas's previous work, prediction errors were reduced when LSTM was applied to data including gaze data [38]. We used the

same LSTM model for GaitWay system to clarify whether changes in the data were due to visual distraction. The model's architecture includes two LSTM layers with 64 hidden units. Following these LSTM layers, a dropout layer with a probability of 0.3 was implemented, succeeded by a dense output layer. A weight decay of 1×10^{-4} was also applied. The training phase employed the mean–square error as the loss function, with a batch size set at 256, and was conducted over ten epochs. 10% of the training data was utilized as validation data.

4 RESULTS

4.1 Analysis of Gaze Data According to Visual Distraction Level

The analysis of the gaze data, as depicted in Fig. 5, was performed using a one-way repeated measures ANOVA (RM ANOVA) except for Question because of normality. Post-hoc tests was then applied using the Bonferroni correction.
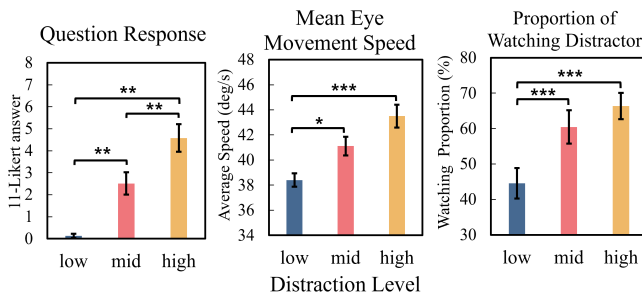
Figure 5: Values of response of question, mean eye-movement speed, proportion of watching objects in the distractor category according to distraction levels.

Question. Due to the violation of normality assumptions in one of the three datasets, the Friedman test was employed. Results revealed significant difference, $\chi^2(2) = 8.909$, $p = .012$. Post-hoc tests using Wilcoxon signed-rank test showed notable differences in all comparisons (all $p = .006$).

Mean eye movement speed. The results identified a significant difference, with F(2, 20) = 16.345, $p < .001$. Post-hoc comparisons revealed significant distinctions between low-mid and low-high distraction levels. Notably, eye movement speed in the high distraction condition exceeded that of the mid condition, although this was not statistically significant.

Proportion of watching distractor. The gaze ratio across the three levels revealed a significant variance, F(2, 18) = 19.805, $p < .001$. Post-hoc testing displayed significant differences between low-mid and low-high levels.

Overall results indicate that the three levels of distraction in our environment made differences. This suggests that when a user feels a large gaze dispersion, actual gaze data such as eye movements are also affected.

4.2 Comparison of Locomotion Prediction Performance

Table 2 presents the mean distance error (MDE) for predicting positions 2 s in the future. Subsequently, using the MDE obtained from each trial as a data point, differences were analyzed. After post-processing, over 90% of the collected data were utilized. All data passed the normality test using the Shapiro-Wilks test. The analysis of the gaze data, as depicted in Fig. 6, was performed using a one-way RM ANOVA for data configurations, and ANOVA for distraction level, followed by post-hoc tests using Bonferroni correction.

Table 2: MDE values obtained for each condition

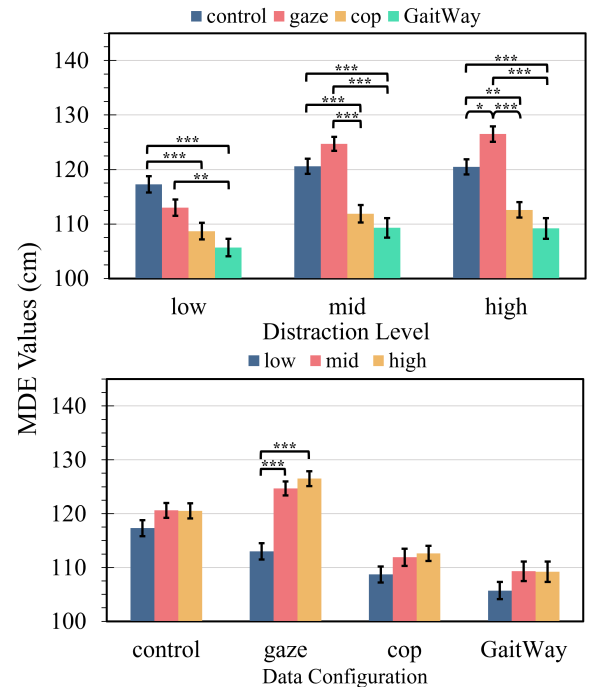|	Data Configurations			
Distraction Level	control	gaze	cop	GaitWay
low	117.3 cm	113.0 cm	108.7 cm	105.7 cm
mid	120.6 cm	124.7 cm	111.9 cm	109.3 cm
high	120.5 cm	126.5 cm	112.6 cm	109.2 cm

Figure 6: MDE results according to distraction levels and data configurations

GaitWay reduces the prediction error the most. In the low distraction environment, a considerable difference was observed, with F(3, 196) = 11.187, $p < .001$. Post-hoc analyses showed significant disparities between the ***cop–control***, ***GaitWay–gaze***, and

GaitWay–control conditions. While the ***gaze*** condition did not reach statistical significance compared to ***control***, it exhibited an error reduction of 4.3 cm. In the mid distraction environment, a significant discrepancy was observed with F(3, 196) = 22.036, $p < .001$. Post-hoc tests revealed significant differences for all pairs except ***gaze-control*** and ***GaitWay–cop*** conditions. The ***gaze*** condition, although not statistically significant, displayed an approximate error increase of 4.1 cm compared to the ***control*** condition. At the high distraction level, a significant difference was noted, with F(3, 196) = 26.601, $p < .001$, and post-hoc testing indicated significance for all pairs except the ***GaitWay–cop*** condition. A significant increase in error of approximately 6.0 cm was observed in the ***gaze*** condition compared with the ***control*** condition ($p = .034$). This implies our GaitWay configuration consistently reduces prediction error across distraction levels. Consequently, GaitWay provides robust prediction enhancement for locomotion prediction.

Gaze data increases the prediction error when visually distracted. Significant differences were observed solely in the ***gaze*** condition, with F(2, 78) = 34.630, $p < .001$; all other configurations were nonsignificant ($p > .1$). Post-hoc test results of the ***gaze*** condition indicated significance in the low-mid and low-high pairs ($p < .001$). Although a difference of 1.8 cm between mid-high was noted, this did not achieve statistical significance ($p = .180$). These imply that the ***gaze*** condition significantly affected by the visual distractions. Hence, using gaze data may cause prediction degradation in an actual VR environment rather than a monotonous experimental environment, leading to shrunken walking space.

5 DISCUSSION

In this study, we introduced varying degrees of visual distraction in the background of the experimental environment while participants performed identical tasks. Our goal was to present a robust and refined locomotion prediction model using gait data. Regarding locomotion prediction, our ***GaitWay*** demonstrated a notable reduction in prediction error, independent of the level of visual distraction. Through this, we demonstrated that gait-related data can provide sufficient help in predicting 2D locomotion. Conversely, gaze data was observed to increase prediction error under distracting conditions, though it reduced error in low distraction scenarios. Thus, GaitWay can improve predictive RDW controllers, widening the walking space in VR environments with task-irrelevant objects, while gaze data can cause counterproductiveness in RDW improvement.

Moreover, we verified that incorporating additional data features (5 to 13) into the LSTM network still ensures feasible prediction times. An increase in input features did not adversely impact inference time. We observed an inference time of 4-5 ms per input–output pair, consistent across different data configurations. This is lower than both the data recording interval of 20 ms and the sampling interval of 40 ms, indicating the viability of prediction without data loss.

6 CONCLUSION AND FUTURE WORKS

Although gaze data remains a valuable component for locomotion prediction in VR, its effectiveness diminishes in the presence of visual distractions like a VR game. On the other hand, our study proved that GaitWay consistently reduces prediction error, irrespective of visual distractions. This implies users can walk broader spaces using RDW in actual VR content by GaitWay system than before. However, it remains unclear how much improvement in locomotion prediction performance translates to RDW enhancement. Furthermore, the integration of gaze data can still diminish predictions error, especially in low distraction. This approach can be achieved by using different data configurations for GaitWay depending on the distraction level. Other prediction models presented after LSTM can also be applied to enhance accuracy. We aim to pursue further research regarding the potential spatial expansion benefits when applying enhanced GaitWay system to RDW or whether the end-to-end inference time for prediction is applicable with real-time user usability evaluation.

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A DATA PROCESSING EXCEPT FOR GAIT DATA

In our predictive model, we focused on forecasting the user's position two seconds ahead from the moment data is received. Stein [38] selected a prediction time of 2.5 s, whereas Cho [11] opted for a 1 s interval. Although reducing the prediction time might decrease the error, this is often proportional to the average distance a user traverses during that interval. In our study, the average distance covered by users in 2 s was 157 cm, consistent with the findings in [38]. Therefore, we selected this duration for our experiments. Consequently, the mathematical representation for predicting the position two seconds later is denoted as $\left(X_{t+2s}^H, Y_{t+2s}^H, Z_{t+2s}^H \right)$.

To mitigate the influence of environmental factors, we recentered all the coordinates surrounding the user's position, adopting the coordinate system outlined in [6]. This entailed calculating the average head orientation within the input sequence to determine the reference coordinate system $\left(\Phi_{t-i}^H, \Theta_{t-i}^H, \Psi_{t-i}^H \right)$. Following this, we rotated the future vector F, which indicates the position two seconds ahead, based on the reference yaw angle.

$$\overrightarrow{F}_t = \left(F_t^X, F_t^Z \right) = \left(X_{t+2s}^H - X_t^H, Z_{t+2s}^H - Z_t^H \right) \tag{1}$$

$$f_t^x = \cos\left(-\overline{\Psi_{t-i}^H} \right) F_t^X - \sin\left(-\overline{\Psi_{t-i}^H} \right) F_t^Z \tag{2}$$

$$f_t^z = \sin\left(-\overline{\Psi_{t-i}^H} \right) F_t^X + \cos\left(-\overline{\Psi_{t-i}^H} \right) F_t^Z \tag{3}$$

The velocity of the head, two of the seven features, was also rotated with respect to the reference coordinate system. However, it's important to note that the velocity along the y-axis was not included in this rotation.

$$v_{t-i}^x = \cos\left(-\overline{\Psi_{t-i}^H} \right) V_{t-i}^X - \sin\left(-\overline{\Psi_{t-i}^H} \right) V_{t-i}^Z \tag{4}$$

$$v_{t-i}^z = \sin\left(-\overline{\Psi_{t-i}^H} \right) V_{t-i}^X + \cos\left(-\overline{\Psi_{t-i}^H} \right) V_{t-i}^Z \tag{5}$$

The yaw and pitch of the head, the yaw of the body, and the yaw and pitch of the eyes were all adjusted to the yaw and pitch of the reference coordinate system. As described in Section 3.1, the body yaw was collected using the nondominant-hand controller.

$$\psi_{t-i}^H = \Psi_{t-i}^H - \overline{\Psi_{t-i}^H} \tag{6}$$

$$\theta_{t-i}^H = \Theta_{t-i}^H - \overline{\Theta_{t-i}^H} \tag{7}$$

$$\psi_{t-i}^B = \Psi_{t-i}^B - \overline{\Psi_{t-i}^H} \tag{8}$$

$$\psi_{t-i}^H = \Psi_{t-i}^E - \overline{\Psi_{t-i}^H} \tag{9}$$

$$\theta_{t-i}^H = \Theta_{t-i}^E - \overline{\Theta_{t-i}^H} \tag{10}$$